



# Impact Report 2025



*your impact matters.*



**Impact Matters.**

# From our Founder & Executive Director

Dear Friends,

What if graduation was not the end of belonging, but the beginning of possibility?

For too many young adults with disabilities, high school graduation marks the loss of connection, familiar routines, and everyday opportunities to be seen, included, and valued. The world becomes smaller at the very moment it should be opening wider.

Integrate for Good exists to change that.

Every day, we create opportunities for young adults with disabilities to step into community life with confidence, purpose, and visibility. Through inclusive volunteerism, leadership development, campus-based programming, employment readiness, and meaningful connection, our participants are not only learning new skills; they are discovering their power to contribute. They are building friendships, leading service projects, sharing their strengths, and being recognized for the gifts they bring to the world.

This work is urgent. In 2023, the U.S. Surgeon General named loneliness and social isolation a public health crisis, warning that the health impact of social disconnection can be as serious as smoking up to 15 cigarettes a day. For young people with disabilities, the risk of isolation often increases after high school, when support systems fade and opportunities for authentic connection become harder to access.

At IFG, we replace loneliness with belonging and opportunity. We do this by creating real pathways into the community, designing places where young adults with disabilities are not on the sidelines, but at the center. They are serving, working, learning, leading, and changing the way our community understands ability.

None of this happens alone. Our partners make this work possible every day. Every donor, volunteer, corporate partner, funder, educator, employer, family member, and community champion helps open a door that might otherwise remain closed. You help young adults build confidence. You help create friendships. You help shift perceptions. You help make belonging visible.

Because of you, Integrate for Good is not just imagining a more inclusive future. We are building it together.

Thank you for believing in a world where every person has a place, a purpose, and a path forward.

With gratitude,  
Dr. Bev Weinberg  
Founder & Executive Director



# What if... PARTICIPANT FEEDBACK

**"How would your life be different if you didn't have opportunities through Integrate for Good?"**

## Skylar Smith

"If it wasn't for Integrate for Good, I wouldn't believe that I have what it takes to lead others or feel comfortable to speak up or volunteer to do things."

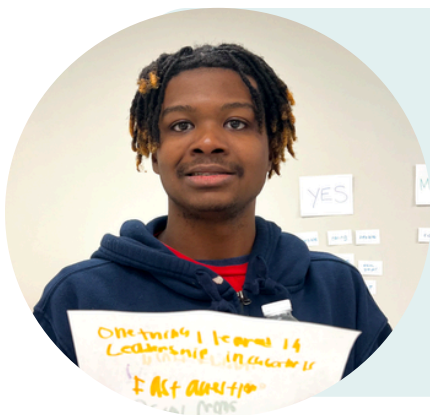


## Jackson Heller

"I would not have been able to experience leadership and friendships that will help me the rest of my life. I would not have been able to do so well at my college program at Villanova without their help and support. I know I'm always welcome and appreciated for who I am."

## Dana Meoli

"Being part of the IFG community has enriched my life by having access to quality programming and meeting new people. It gives me a chance to continue learning and refreshing life skills since I've aged out of the school system."



## Tracey Carter

"I don't know what Brennan would be doing right now to feel like he was moving forward in life, or how he would be getting the social interaction that he so desperately wants. I don't know if he would be happy right now if he didn't have this program."

**-Brennan's Mother**

# OUR MISSION

Integrate for Good addresses the social determinants of health by creating opportunities for students and adults with diverse abilities to contribute their talent through inclusive programming and community leadership development opportunities.

The Integrate for Good model is based on clinical doctoral research in social capital building conducted at Temple University. This research informs us that individuals who are connected to their communities are more likely to have a safe place to live, and are more likely to be employed. Additionally, they are more likely to be mentally and physically healthy, and experience a greater quality of life. The Integrate for Good model is designed to address the social barriers faced by students and adults with disabilities using targeted strategies for increasing opportunity through three specific channels: Empowerment, Connection and Education.

To “integrate” is to make a group, community, place or organization and its opportunities available to everyone. We don’t see people with disabilities as broken, or needing to be fixed. Rather, we see a community as weakened when it fails to capitalize on the strengths and contributions of all people. By welcoming people of all abilities into true community engagement, we integrate and strengthen our community, making it whole.

*welcome home*

**You belong here.**



# Our Innovative Programs

Belonging does not happen by accident. At Integrate for Good, our programs are not just activities. They are intentionally-designed pathways to belonging, confidence, leadership, and purpose. Each experience is thoughtfully designed to open doors, spark friendships, build meaningful connections, and help young adults with disabilities discover their strengths, share their gifts, and be seen for all they bring to our community.



## Empowerment Lab

Empowerment Lab helps students with disabilities discover their talents, passions, and career interests through hands-on, technology-rich learning. Participants create digital portfolios that showcase their strengths, build self-advocacy, and connect them to meaningful volunteer, internship, employment, and community opportunities. Each participant leaves with a personalized digital portfolio as a powerful program deliverable.



## Executive Functioning Skills Workshop

Executive Functioning Skills Workshop helps young adults strengthen the practical tools needed for school, work, and daily life. Through interactive workshops and supportive coaching, participants build strategies for time management, organization, emotional regulation, focus, flexibility, problem-solving, and following through with confidence.

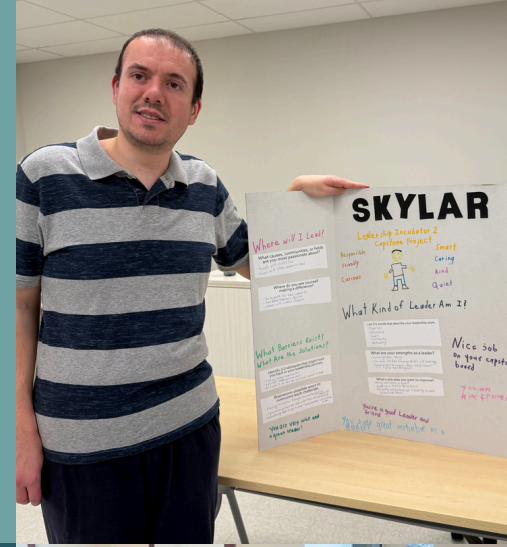


## Healthy Relationships

Healthy Relationships helps individuals with disabilities build the understanding and confidence needed to navigate friendships, boundaries, consent, communication, social media safety, dating, and supportive relationships. Through trauma-informed, participant-driven learning, the program strengthens safety, self-advocacy, and connection across all areas of life.

## Leadership Incubator

Leadership Incubator creates space for young adults with disabilities to recognize themselves as leaders. Through a supportive cohort experience, participants build skills in communication, teamwork, decision-making, self-advocacy, public speaking, problem-solving, and leadership through service. Young people grow confidence while discovering their power to contribute.



## Inclusive Volunteering

Inclusive Volunteering brings people of all ages and abilities together to serve, connect, and make a tangible difference. At the IFG Hub and community partner sites, volunteers build friendships, develop skills, and contribute through projects like sleeping mats, kindness rocks, and support for neighbors in need.



## Corporate Engagement

Corporate Engagement brings companies and mission together through hands-on volunteerism, education, and inclusion-building experiences. Employees strengthen connection, purpose, and team culture while creating tangible community impact and helping redefine how workplaces recognize the leadership, talent, and value of people with disabilities.



Thank you..

In 2025 we had four Corporate Engagement programs that ran throughout Greater Philadelphia.



MERCK



TRINSEO™



# VALUES

Our work is guided by our core values, which shape the culture and character of our organization.

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## Lead Boldly

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We don't shy away from challenges that seem insurmountable or opportunities that feel impossible. We lead with courage and show others what is possible.

## Seek Out Collaboration

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We reach across boundaries to build bridges and leverage interdisciplinary perspectives to create a lasting and positive impact within our communities as we partner for a better world.

## Show Up with Enthusiasm

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We say yes to hard things. Our positive energy and passion are contagious.

## Be Inclusive

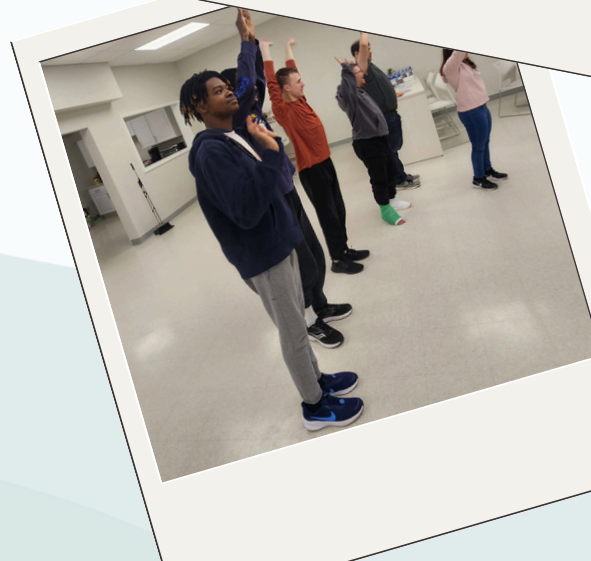
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We harness the power of diversity and create a culture of belonging where no one is left on the sidelines.

## Operate with Transparency

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We communicate internally and externally with unwavering candor, honesty and respect.



# 2025: A Year of Resilience, Renewal, & Relentless Belief

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2025 tested Integrate for Good in ways we never could have predicted. We faced the loss of federal funding. We lost the space we had joyfully cut the ribbon on only 14 months earlier. In a year marked by political and economic volatility, we had to make difficult decisions, adapt quickly, and fight hard for the mission we know our community needs.

But we did not give up.

Instead, we came together. We leaned into our core values. We chose resilience over retreat, creativity over fear, and community over isolation. Because of the extraordinary commitment of our partners, donors, volunteers, staff, families, and participants, IFG not only continued forward – we found our way to a new home full of possibility on campus at Ursinus College.



Our move to the Community Hub on the campus of Ursinus College became one of the most meaningful turning points in our history. This new location elevates our mission in powerful ways:

**Natural inclusion on a college campus:**

Program participants are learning, serving, eating, connecting, and growing in a vibrant campus environment they otherwise may not have had the opportunity to access.

**Dozens of interns and volunteers:**

Ursinus students bring energy, friendship, creativity, and support to IFG programs, creating authentic relationships across ability, age, and experience.

**A visible, welcoming presence in the heart of the community:**

Our Community Hub places young adults with disabilities where they belong – not on the margins, but in a central, valued, and highly visible space.

**Access to campus life and resources:**

From inclusive lunches in the dining hall to collaboration with faculty, student groups, and campus partners, our location creates everyday opportunities for connection and belonging.

**A stronger bridge to leadership and opportunity:**

Being on campus helps participants build confidence, practice self-advocacy, develop skills, and be seen for their strengths by a wider community.



In many ways, 2025 reminded us exactly why IFG exists. When systems become uncertain, community matters more. When funding becomes unstable, partnership matters more. When the world feels divided, belonging matters more.

We did not do this alone, and we cannot sustain this momentum alone. Every person reading this report has a role to play in what comes next. Your support, partnership, advocacy, giving, volunteering, and belief in our mission are what keep these doors open and these opportunities growing.

This was a year of rebuilding, courage, and deep commitment. A year of protecting what matters. A year of proving that our mission is bigger than any single funding source, location, or setback.

Together, we kept going. Together, we opened a new door. And with your continued partnership, we will keep moving forward, replacing loneliness with belonging and opportunity for every young adult who deserves a place, a purpose, and a path forward.





# COMMUNITY HEROES

## A Celebration Unlike Any Other

The 2025 Community Heroes Celebration was the night our comeback became visible. Even though, at one point, we weren't sure it would happen at all.

In one of the toughest years in Integrate for Good's history, we came very close to canceling. We had faced the loss of critical funding, uncertainty connected to federal shifts around diversity, equity, and inclusion, and the painful loss of the space we had cut the ribbon on just 14 months earlier. There were moments when it felt like the world around us was questioning the very values our mission is built on: belonging, inclusion, dignity, opportunity, and the belief that every person has gifts to share.

But our community would not let this mission go quiet. Thirty-eight companies stood with us as sponsors, and more than 200 people filled the room, not just to attend an event, but to make a statement. They showed that belonging is not political. Inclusion is not something to fear. The desire to be seen, valued, and invited in is universal.

**\$80K**

What made the celebration so powerful was that it happened during a year when we could have easily lost momentum. Instead, our sponsors, donors, volunteers, families, board members, and friends helped us turn a hard year into a hopeful one. They fueled our comeback by keeping scholarships alive for families who could not otherwise afford our programs and ensuring that young adults with disabilities were not pushed further to the sidelines during a time of disruption.

Looking back, the 2025 Community Heroes Celebration was more than a fundraiser. It was a turning point. We almost canceled it, and instead, it became one of the clearest reminders that we are not doing this work alone. During our toughest year, our community became the hero: showing up, standing with us, and helping us move forward into a new chapter with courage, gratitude, and hope.

You did more than help us keep going. You fueled the comeback that is carrying Integrate for Good into its boldest and most hopeful chapter yet.



# VOLUNTEER NIGHTS

## hosted at the IFG Community Hub

COMMUNITY

Some of the most powerful moments at Integrate for Good happen when people gather around a shared purpose. During our volunteer nights, young adults with disabilities, families, students, and community members work side by side, not only creating something meaningful for others, but building connection, confidence, and belonging along the way.

Justin, a young man living with a disability, chose to spend his birthday volunteering with us. That alone says so much. But Justin's story goes even deeper. He helped two of his friends, who also live with disabilities, navigate public transportation so they could make the trip to our Hub and volunteer too. He did not just show up. He made sure others could show up with him. **That is leadership.**

We first noticed Justin's talent through his involvement in our Sleeping Mat Project and his volunteer work at our local library. Today, he is one of our paid corporate instructors, helping lead IFG's corporate engagement experiences with companies like Marsh, Pfizer, Merck and others.

We were also joined by Josh and Aisha, two seventh graders from Germantown Academy, who came to volunteer while capturing the evening for their Lead Lab school project. What a gift to see young people learning this early that leadership is not about titles. It is about service, curiosity, and using your voice to shine a light on what matters. A huge shoutout to Germantown Academy for creating opportunities for every seventh grader to volunteer, reflect, and even compete for a donation to support the organization where they serve. What an incredible model for growing the next generation of changemakers.

**Then there was Faye.** After a meaningful career and a well-earned retirement, Faye is somehow busier than ever giving back across our community. She found IFG through the Harleysville Senior Center. After learning the Sleeping Mat Project herself only a short time ago, she stepped right up and taught a whole room full of volunteers how to do it.

Each volunteer night moves us closer to the world we believe in, one where everyone has the chance to contribute, connect, and belong



# 2025 ACHIEVEMENTS



Continued Website Enhancements

We found a NEW HOME on Ursinus Campus.



We launched a NEW 6-week "Healthy Relationships" program in partnership with Elevatus Training.



RECORD BREAKING 38 LOCAL BUSINESSES STEPPED-UP TO SUPPORT IN 2025



# why This Work MATTERS...

At Integrate for Good, we believe no one should be left on the sidelines. Too often, people with disabilities are seen for what they can't do rather than the incredible talents they bring to the world. We exist to change that. Through meaningful opportunities in employment, leadership, and service, we empower individuals to discover their strengths, find purpose, and experience the dignity of being valued. Inclusion doesn't just change lives—it transforms communities, opening hearts and minds to what's possible when everyone belongs.

The impact is profound. A young adult who once doubted their worth now earns a paycheck and feels a sense of pride. A family that feared an uncertain future now sees hope and opportunity. A business that once overlooked potential now has a dedicated, talented employee making a difference. This work is not just about creating opportunities—it's about rewriting futures and replacing limitations with possibility.

## PEOPLE WITH A DISABILITY

### LABOR FORCE CHARACTERISTICS — 2025

In 2025, 22.8% of people with a disability were employed, the U.S. Bureau of Labor Statistics reported today. This ratio is little different from the prior year.

In contrast, 65.2% of those without a disability were employed, down by 0.3 percentage point over the year. The unemployment rate for people with a disability increased by 0.8 percentage point to 8.3% over the year, while the rate for those without a disability increased by 0.3 percentage point to 4.1%.

U.S. Department of Labor  
Bureau of Labor Statistics. 2026  
<https://www.bls.gov/news.release/pdf/disabl.pdf>

And none of it happens without you. Your generosity fuels hope, independence, and belonging. With your support, we are proving that inclusion isn't just the right thing to do—it's the most powerful thing we can do. Thank you for standing with us, believing in the power of ability, and helping to build a world where everyone has the chance to thrive.



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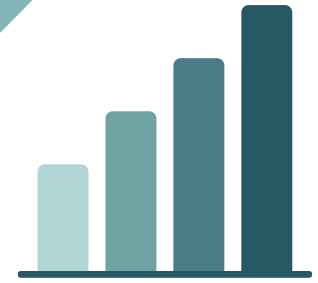
Paid Program Leaders and Interns with Disabilities

11

Weekly Year-Round Programs

37

Community Partners



Impact in Numbers

6,302

Active Hours of Program Participation

9,812

Volunteer Hours



# IMPACT STORY John

THE PRODUCE AISLE OF THE COLLEGEVILLE WEGMANS FOOD MARKET

For 14 years, John has been a familiar face, carefully stocking the produce and making sure the bananas look just right. He takes pride in his work, and it shows.

This fall, John added something new to his schedule.

John just completed **Integrate For Good's Opening Doors on Campus** program at **Ursinus College**. Over the semester, he built confidence and practiced skills including initiation, problem-solving, and goal-setting. These skills support success at work and confidence in everyday life. On campus, John is a learner, a peer, and part of a college community.

A few weeks ago, I ran into John while shopping at Wegmans. After introducing him to my daughter, we started down the next aisle. Then I heard him call out, "Hey, Bev. There's someone I want you to meet."

He confidently introduced me to a fellow co-worker and said, "This is Bev. We're in a program together at Ursinus College." I watched the moment land. His teammate's expression shifted from surprise to genuine admiration. "Wow, man. That's awesome," he said.

In that moment, John became so much more than the person who stocks the bananas at Wegmans.



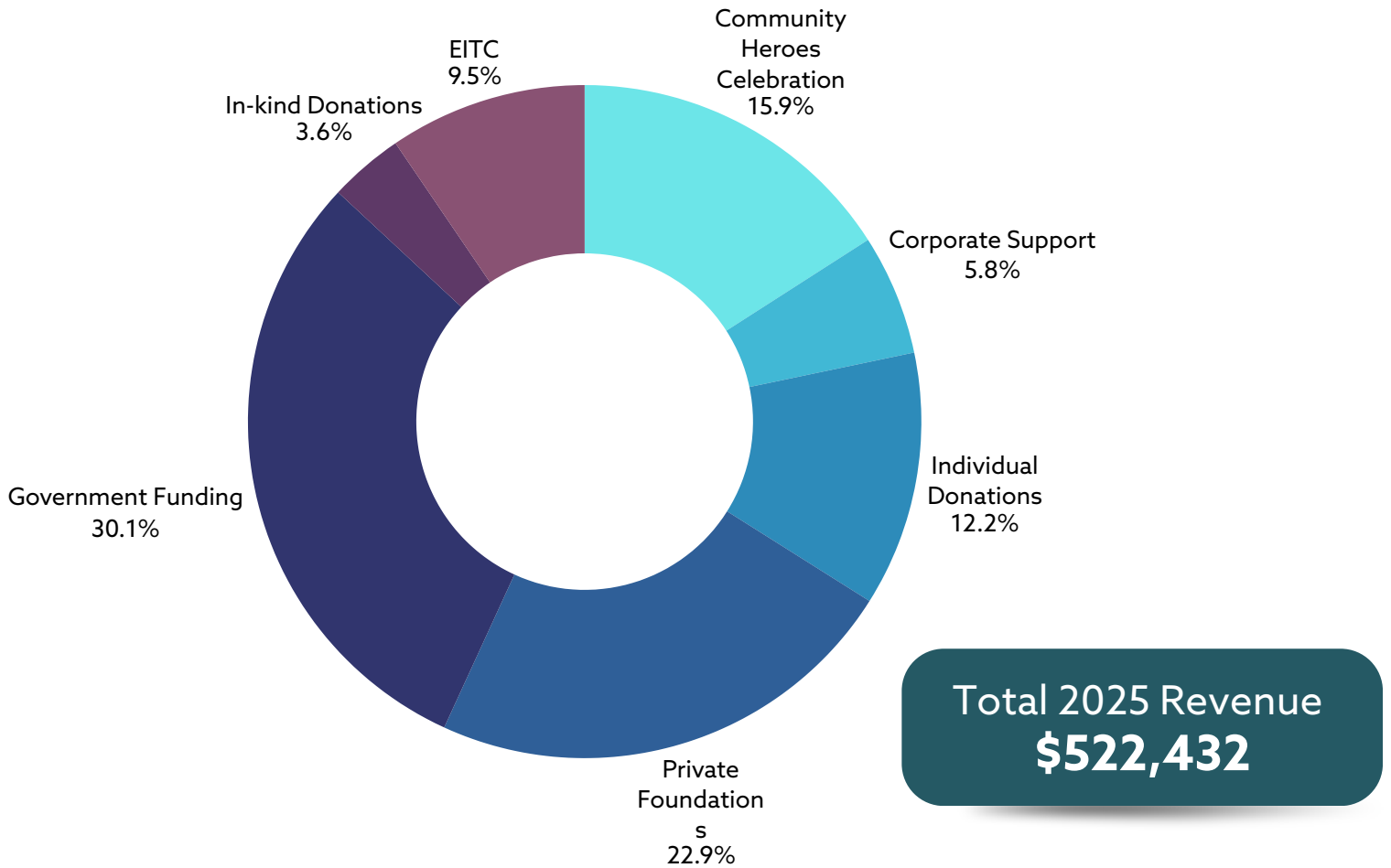
"This is what I see again and again through Integrate for Good. People with disabilities are often underestimated by others and sometimes by themselves.

When we create opportunities to learn, grow, and belong in meaningful community settings like a college campus, something shifts. People begin to see themselves differently, and the world starts to see them differently, too."

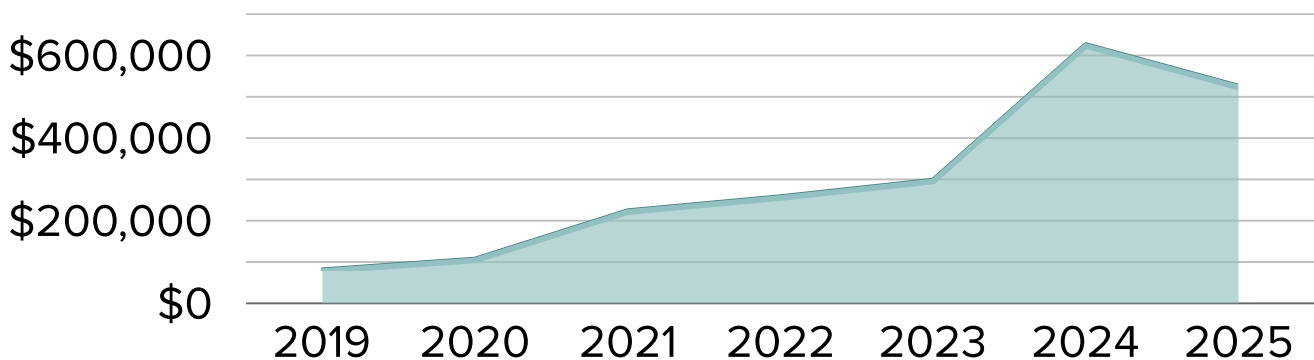
**Dr. Bev Weinberg, Founder of Integrate For Good**

# FINANCIAL DATA

## 2025 Revenue Diversification



## 2019-2025 Annual Revenue Comparison



\*In 2025, we lost most of our government funding which has been the primary source of revenue over the last five years. We are grateful for the support of our community and the value of revenue diversification to support our mission to empower individuals with disabilities.

# Sustaining Our Work

**WE NEED YOU!**

Every day at the Integrate for Good Community Hub, lives are being transformed. Our vibrant, innovative programs are not just providing opportunities—they are reshaping how our entire community approaches disability inclusion. Through leadership development, social connection, and meaningful engagement, we are proving that inclusion is not just possible—it is essential. But this impact can only continue if we can sustain our work. The progress we have made, the bridges we have built, and the futures we have helped shape all depend on ongoing support. Without it, the groundbreaking change we are creating could fade. True inclusion is not a moment—it is a movement. But we can't sustain this work alone.

## **The best way to predict the future is to create it.**

Whether you want to engage your team of three or 153, we have a variety of opportunities that align with your priorities.

**Join a Committee:** [integrateforgood.org/committees](https://integrateforgood.org/committees)

**Participate in a Program:** [integrateforgood.org/programs](https://integrateforgood.org/programs)



**Dr. Bev Weinberg**

Founder &  
Executive Director

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